



25 July 2024



GenReady

Empowering young people to make good choices

Preparing to be Teen Ready

Dear Parents and Carers,

Avalon Public School has invited GenReady to present a program for students in Year 6 on Wednesday 7, 14, and 21 August 2024.

Preparing to be Teen Ready provides students with the curriculum requirements for Stage 3 and prepares them for High School.

The program consists of 3 x 90 minute sessions presented during school hours. Topics explained and discussed are:

- Adolescent issues – Positive Body Image
- Puberty
- Cybersafety and Social Media
- Reproduction
- Decision making
- Personal health and safety

GenReady are a dedicated team who work with children, parents, caregivers and teachers to empower young people to make good choices. Questions are encouraged throughout the program and answered appropriately.

GenReady adheres to the Privacy Act 1988.

Cost: \$45.00 per student

It is inclusive of all sessions and partial payments and/or refunds are unavailable

Kind regards

Year 6 Teachers

Jen Shlager
Deputy Principal (Relieving)