

AVALON PUBLIC SCHOOL



Avalon Public School

Parent Information Booklet

Opportunity,
Learning,
Community.



A photograph of three children standing outdoors on a paved path. On the left and right are two girls wearing green and white checkered short-sleeved dresses with red trim on the collars and cuffs. In the center is a boy wearing a dark green long-sleeved shirt. They are all looking back over their shoulders towards the camera. The background is a blurred outdoor setting with trees and a path.

Avalon Public School is a dynamic public school where parents and a committed staff work closely to enhance educational achievements and opportunities for all students across all stages of learning.

At Avalon Public School we develop leadership skills through a variety of programs which promote and encourage self-esteem and an understanding of others.

We pride ourselves in being a school that is large enough to provide a variety of programs to extend and enhance student performance whilst retaining a family atmosphere in which the individual student is recognised and understood.

We believe "Every Child Matters".

Our commitment to future focused learning enables students to learn locally and link globally.

The Principal welcome

Welcome to the journey that is Avalon Public School



It is with great pride that I welcome you to Avalon Public School. We look forward to working with you as your child begins the next stage of their learning journey.

Sitting at the heart of Avalon community life, ours is a big school and yet it retains a small school feel where, in a safe and nurturing environment, 'Opportunity, Learning, Community' underscores all that we do.

Avalon Public School is widely regarded as a place of optimism, excitement and challenge, where students see each day as part of the life long journey and full of purpose. In addition to learning skills of resilience and mindfulness, it is a place where student engagement and a growing connectedness to the outside world are priorities, along with our core values of Respect, Responsibility and Personal Best.

Indeed, we recognise that students learn best when engaged with real world, authentic tasks involving problem solving and collaboration with peers on interdisciplinary research based project work - where the teacher's role includes that of coach and facilitator and where students are empowered to take responsibility for their learning. When we empower others, better ideas emerge.

Together, we can inspire and ignite young citizens who are reflective, active and critically engaged - today and in the future. It's going to be an exciting journey, so let's get started!

Andy Rankin
Principal of Avalon Public School

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Avalon Public School Information Booklet

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Sanders Lane

Bellevue Avenue

Old Barenjoey Road



School bell times



School Bell Times

9:25am	School day commences
11:25 - 11:45am	Recess
1:10-1:35pm	First half lunch
1:35 - 2:05pm	Second half lunch
3:25pm	End of the school day



How to contact us

For general enquiries...

Phone:	(02) 9973-1439
Email:	avalon-p.school@det.nsw.edu.au
Avalon on the Web:	avalon-p.schools.nsw.gov.au
Facebook:	facebook.com/avalonpublicschool
SchoolBytes	portal.schoolbytes.education



General information

Be aware of our school's procedures...

Enrolment Procedures

Children may begin school at the start of the school year, providing their 5th birthday occurs on or before 31 July in that year.

Online enrolment applications can be found on the school website, by clicking on the Enrolment tab. Families must reside inside our catchment zone to be eligible to enrol at Avalon Public School. You can check this information on the Enrolment tab on the school's website.

The required paperwork can be attached to your online enrolment, including birth certificate, passport, immunisation history, and 100 points of proof of address.

If you are unable to complete the online enrolment, please download a copy from the school website, and hand to the office once completed. Once received, our Enrolments Officer will contact you with further information.

School Hours

Children are encouraged to arrive no earlier than 8.55am and before 9.20am. Before this time there is no supervision, except in the case of sport training or special groups such as dance, band, drama etc. Before and after school care (OOSH) is available on the school premises. Information can be obtained by phoning the centre on 9918-9672

Emergency Details

Contact details provided upon enrolment at Avalon are used in case of emergency, illness, accident etc. Any change of address, telephone number, place of employment or contact person should be notified immediately to ensure prompt communication. Occasionally, we may need to contact a parent's emergency contact.

Absences from School

Please notify the school on the day your child is absent via Skoolbag app message, note or email.

If they are late to school, all students should present to the office and receive a 'late slip', to deliver to their class teacher. If a child is required to leave school, please ensure an 'early departure slip' has been generated from the front office.



Excursions and Visiting Performances

Classes participate in excursions related to the units of work being studied. Occasionally, music, dance or drama groups are invited to visit the school. At the commencement of each semester, parents are required to sign a permission slip outlining all excursions and incursions. Payment for these activities is included on the semester invoice payable in the first few weeks of each semester.

Park Outside the School Grounds

The play area across the road from the school on Old Barrenjoey Road is used by the school for activities such as sport, special events and as an evacuation area. Parents are required to give their permission at the start of each semester, giving consent for their child to take part in school activities during school hours in our local area within walking distance of the school and under the supervision of a teacher. These notes are kept on file for the entire school year.



Communicating with parents

Avalon Public School publications

Wavelength

Wavelength is the fortnightly form of communication from the school to parents. This newsletter advises parents of future events, school achievements and provides information about services available. Wavelength is distributed each fortnight via email and School Bytes.

Wavelength and other information can be accessed through the school website: avalon-p.school.nsw.gov.au

The School Website

The School Website is continually updated and it is a useful way to source permission notes and up to date information about school events.

Email

Email is another form of communication often providing copies of notes and reminders. Please notify the school immediately if your email address changes.

School Bytes App

School Bytes is heavily utilised by the school as a means of alerting and notifying of important information, eg - delays in school buses. This app is available from the App store or Google play.

Facebook

The Avalon Public School Official Facebook page is another great source of information about the learning and key events at our school.

Financial matters

Payments

Our school uses a secure payment platform called School Bytes to receive payments. The School Bytes portal provides flexibility for you to conveniently:

- Make school payments online (including paying for multiple siblings at once)
- Use a family credit to pay for an activity or school contributions
- Download a receipt for payments made
- View all historical payments in one place
- Complete and submit digital permission notes
- View the status of all permission notes
- Request a refund if required

The School Bytes portal is available 24 hours a day. Online payments are processed in real time and can be viewed by school staff immediately.

While our preference is for payments to be made via the portal, we will still accept payment via cash, cheque, money order and EFTPOS (in person not over the phone).

When making a payment online you will be redirected to a Service NSW page to complete the payment. Payments made online will display as OSCHOOLSONLINE 0000 PARRAMATTA AUS on your bank statement.

Please use the link: <https://portal.schoolbytes.education>



School uniform

Avalon students have a large range to choose from

Uniform Store

The wearing of school uniform by all children is fully supported and endorsed by the Parents and Citizens Association of Avalon Public School. It is school policy for children to wear the school hat. The school supports a “no hat - play in the shade” policy.

The Uniform Store is located on the ground floor of N block. Opening times are advertised at the beginning of each year on the schools website and are displayed on the uniform store door. Items can also be purchased online and will be delivered to the students’ class. The link to online purchasing is found on the school's website.

The school uniform store carries all uniform requirements except shoes.

When children are representing the school they are expected to wear the correct ‘dress’ uniform.

For boys this consists of grey shorts/trousers, green polo shirt, grey socks and black shoes (winter and summer).

The summer uniform for girls consists of a green and white checked dress or green polo top with checked skorts, white socks and black shoes. The winter uniform is a tartan pinafore with a red skivvy or blouse, red socks or tights, or tartan pants with red skivvy or blouse, and black shoes. A green fleecy jumper or red jacket is available for winter.

A sports uniform is also available.

The Uniform Store is staffed by a paid supervisor. It offers an online ordering system, and prices are kept at an affordable level. We ensure an excellent standard of service for our community. Please contact the school with questions regarding the purchase of school uniforms.

Uniform store hours

Tuesday 8:00 - 10:00am
Thursday 2:30 - 4:30pm



Summer Uniform



Girl's Summer Uniform:

- Summer dress and white socks, or
- Green polo shirt, skirt and white socks
- Black school shoes
- Soft or hard brimmed hat



Winter Uniform



Girl's Winter Uniform:

- Winter tunic with red blouse or skivvy with red socks or red tights, or
- Tartan pants with red skivvy or blouse
- Black school shoes

Summer Uniform



Boy's Summer Uniform:

- Green short sleeved polo shirt
- Grey gabardine shorts and grey socks
- Black school shoes
- Soft or hard brimmed hat



Winter Uniform



Boy's Winter Uniform:

- Long grey pants and grey socks
- Green short or long sleeve polo
- Black school shoes
- Soft or hard brimmed hat

Sports Uniform



Boy's Sports Uniform:

- White sports polo shirt
- Red sports shorts or long pants and white socks
- Red school jacket or green sloppy joe



Girl's Sports Uniform:

- White sports polo shirt
- Red skirt or red sports pants and white socks
- Red school jacket or green sloppy joe

Uniform Accessories



These include:

- Bags
- Raincoats
- Scarfs & gloves
- Art smocks
- Hair accessories
- Library bags

Teaching and Learning programs

Key Learning Areas

Educational programs at Avalon Public School are developed by our teachers, based on the New South Wales Education Standards Authority (NESA) syllabus requirements. There are six Key Learning Areas in the School. All students are provided with learning experiences according to their stage of development.



The school Key Learning Areas are:

English	Mathematics	Human Society and its Environment
• Oral language and Communication	• Measurement and Space	• History
• Vocabulary	• Statistics and Probability	• Geography
• Phonological awareness	• Number and Algebra	Creative Arts
• Print conventions Phonic knowledge	Science and Technology	• Visual Arts
• Reading Fluency Reading comprehension	• Working Scientifically	• Music
• Creating written texts Spelling Handwriting and digital transcription	• Design and Production	• Dance
• Understanding and responding to literature	• Physical World	• Drama
	• Earth and Space	Personal Development, Health and Physical Education
	• Living World	• Health, Wellbeing and Relationships
	• Material World	• Movements, Skills and Performance
	• Digital Technologies	• Health, Safe and Active Lifestyle



Assessment and reporting

Across K-6

Semester 1

Early in Term 1, all grades hold a parent evening to provide parents with information about their year's educational program, associated activities and expectations. Parent Teacher interviews are held with the class teacher at the end of Term 1. Parents can make bookings online through schoolinterviews.com.

Students in Year 3 and Year 5 sit the state wide National Assessment Program in Literacy and Numeracy (NAPLAN) Tests in Term 1. Results are provided for parents later in the year.

At the end of Semester 1, a written report is provided for parents. This report relates to Semester 1 content only.

Semester 2

In Term 3, parents have been invited to view the students' products displayed as part of the Avalon School Expo, showcasing the students learning in the 9Ds process.

A written report is provided to all parents at the end of Term 4. This report relates to Semester 2 content only.

Staff are available to discuss student progress/matters of concern at any time during the year. We ask that appointments be made to ensure quality discussion time. This may be done by telephoning the office, emailing the school or by sending a note with your child.

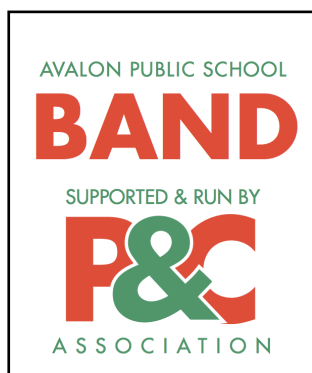


Learning opportunities

The Arts

Band

Membership to an Avalon School Band is highly sought after and is open to students from Years 3 - 6 by audition at the end of each year. Newcomers to the school may audition at any time. Practices and tutorials are held each week.



Our Band program is the longest running Band program in NSW Public Schools and has recently celebrated 50 years of bringing music to Avalon PS. Today we have over 89 players performing in 4 bands (Training, Concert, Senior and Performance), one of the biggest extracurricular programs at Avalon Public School.

From Years 3 - 6, all students are invited to join the School Band program and learn a musical instrument. Instrument compatibility (dexterity and blow tests) occur in Year 2, (Term 4) with a written offer to join the Training Band and the recommended instrument. It is not expected that your child undertakes music tuition before joining the Band. Our band program is inclusive and a place in the Training Band is offered to all applicants. Music is a place for everyone.



Many performance opportunities are available e.g. ANZAC Day at Palm Beach RSL, local charities, Education Week and other school functions.

There is an annual band camp which members of the band are expected to attend. The Band program is a user-pays initiative run by the school's P&C. The band is strongly supported by parents who are encouraged to be involved in band committee organisation and administration.



Dance Groups

The school has a number of dance groups. The dance program aims to develop skills and enjoyment across a varied program. Each year auditions are held and dance groups are formed for special functions. Dance has a strong and supportive parent committee which always welcomes new members.

Our students have enjoyed continued success as part of the Sydney North Dance Festival, State Festival and Schools Spectacular.

Choir

We aim to develop choral skills through a varied singing program which increases in complexity throughout the year. The choir performs at various school and community events. The choir is open to students from Years 3 - 6.



School sport programs

Promoting an active lifestyle

Sport is an important part of the Personal Development, Health and Physical Education curriculum. Specialised teachers deliver a comprehensive fitness and sport skills program for all children K-6 which caters for all levels of ability and interest.

Home Sport

Students in Years K-6 participate in a variety of physical education activities which include gross motor, fitness skills, gymnastics and dance.

One component of the program for Years 4 - 6 is Home Sport which operates throughout the year utilising a variety of school based activities. In order to provide quality instruction, additional staff with expertise in particular sports are employed. Students rotate between sports, ensuring that experiences are gained in each sport by the end of Year 6. This component is for those children who do not compete at an inter-school level through the Primary Schools Sports Association (PSSA). Fees charged for Home Sport are included on the term invoices.

Inter-school Sport (PSSA)

Inter-school sport is organised through the Pittwater Zone PSSA and is played against other schools in the zone extending from Avalon to Wheeler Heights.

PSSA representative sport is regarded as part of the Gifted & Talented program and is offered to children who demonstrate talent in each sport. It is a small part of our overall sport program at Avalon Public School.

Children are selected for PSSA team sport on the following criteria. They must:

- be in Years 4, 5 or 6
- demonstrate a significant level of skill needed to play the sport
- display commitment
- be able to participate and contribute as part of a team
- have the right attitude to the game (sportsmanship)

Their acceptance as part of the team will depend on their behaviour at training and at games.

Selection is based on the selector's/ teachers' observations of the child's skills and abilities over several trials.

A squad is selected with reserve players. The number of reserve players varies, depending on the sport.

Participation once selected, is dependent on payment of PSSA fees to cover the cost of transport, equipment and signing and adhering to a Player's Code of Conduct.



Annual School Sport Carnivals

Students, 8 years of age and above, are encouraged to participate in annual school carnivals for Cross Country, Athletics and Swimming. Following each of these events, a school team is selected to represent at the Pittwater Zone PSSA Carnival.

The school has 4 sport houses (as listed below) and each child is allocated to one of these. A sport house competition occurs each year whereby points are accrued at each carnival.

SPORT HOUSES	
HOUSE	COLOUR
Aringa	Green
Warrigal	Purple
Koonawarra	Yellow
Coolong	Blue

Technology at Avalon

At Avalon we learn locally and think globally

Avalon Public School aims to provide students with skills for the future

Learning opportunities which utilise a variety of technologies are part of the K-6 curriculum. Technology is a school focus and the P&C has provided support for resources in recent years.

The school has a dedicated computer lab, providing PC platforms, a fully automated library including a technology section and up to five internet linked computers in each classroom.

Interactive Whiteboards, Laptops, iPads and Chromebooks are now an integral part of all classrooms, the library and the specialist learning spaces.

Access to the internet is available from all sites in the school. All students at Avalon Public School have regular access to state of the art technology facilities.

The school is committed to the integration of technology across all aspects of education, for all students from Kindergarten to Year 6. Students are able to take learning into their hands in new and exciting ways. The creation of digital posters, movies, songs, blogs and artwork is happening in and out of our classrooms. As 21st century learners, students are given opportunities to use technology to redefine the way that learning takes place. Students have opportunities to collaborate, discover and create so that the classroom is only one of many learning environments.



Support for students

Avalon cares for its students

The School Psychologist

The School Psychologist provides children, parents and staff with educational and personal advice. Referrals are necessary and can only be made through the Learning & Wellbeing Team.

The Teacher Librarian

The Teacher Librarian has qualifications both as a classroom teacher and as a teacher librarian. In this role the librarian works with every class in the school for literature enrichment and the development of information skills using technology. Children are encouraged to borrow from the library each week. Children in Kindergarten through to Year 6 are expected to use a library bag to protect their books. These can be purchased from the library for \$3.00 or uniform store.

The library is open for borrowing/returns and quiet activities Monday to Thursday at lunch time.

Learning and Support Teachers

The Learning and Support program assists staff in supporting children with particular learning needs. Programs are developed to meet these learning requirements. Strategies involve small group teaching, individual instruction or team teaching with the classroom teacher. Interviews conducted with parents in conjunction with class teachers can lead to helpful home support activities so that the child receives optimum benefit. The parental support of children in this program is vital.



Reading Recovery

Reading Recovery is an early intervention strategy which is based on an explicit instructional program in a one to one situation with a trained Reading Recovery teacher. Currently Reading Recovery is offered to children in Year 1 who have completed one year of schooling and require extra support in literacy in order to accelerate their progress in reading. Entry to this program is based on specific screening tests.

Learning and Wellbeing Term

The Learning and Wellbeing Team monitors all students needing support in the school environment. It comprises of the school psychologist, all support staff, executive staff and members from learning teams. Students are referred to the Learning and Wellbeing team for a variety of reasons. The team determines the most appropriate course of action to support each individual student. Outside agencies may form part of the referral process.

English as an Additional Language

An EALD teacher works specifically with students who have English as their second language and meet the criteria to qualify for support. Such a teacher may be appointed to work with identified students on a needs basis. The role of the EALD teacher is to encourage confidence in the speaking, reading and writing of English.

High Potential and Gifted Students

Staff develop, design and teach differentiated teaching and learning programs to ensure that students specific learning and wellbeing needs are met.

The school provides a variety of enrichment opportunities which include, but are not restricted to, Debating, Chess, Science, Tournament of Minds, Maths Olympiad: Game Changer Challenge, Robotics, English and Maths competitions and Enrichment programs. Additional opportunities are sought for children who demonstrate particular talents and interests.

Student welfare

Avalon Welfare and Discipline Policy

All students in NSW Public Schools are expected to abide by a set of core values. The Avalon Public School Code developed by the students, staff and parents, supports these core values. Everyone is expected to adhere to the code, which is displayed prominently in classrooms and throughout the school.

Avalon School Code:

Respect
Responsibility
Personal Best

K-6 Positive Behaviour Award System

Students displaying appropriate, positive behaviour may be awarded a 'Keeping the Code' card. These cards are kept in student portfolios. Students are awarded certificates for 10 cards, 20 (Bronze), 30 (Silver), and 40 (Gold). This achievement, complete with photograph and citation, will be sent home for your child to keep.

House Point Tokens are another positive reward system we utilise to encourage students to keep the code. House Point Tokens are handed out regularly by all staff and at the end of each term, the winning house receives a House Treat.

K-6 Behaviour Management

All students of Avalon School are expected to uphold our school code. In order to support student's acceptance of responsibility for their actions, a very clear set of guidelines and consequences has been established. The school operates using a "levels" system. All students are on Level "0" and it is on this level, with the support of home and school, that they are expected to remain.

When a student breaks the code, a warning is issued. These warnings are logged electronically by the Class Teacher. If 3 warning cards are recorded, the teacher phones the parent and a letter is to be sent home to be signed by the parents. For more serious misdemeanours an incident is logged, parents are contacted and consequences are immediate. Repeated misbehaviour can result in a student being placed on a level.

At all times students are supported with the aim of returning to Level "0". Parents and staff are kept informed of any movement between levels on a need-to-know basis.

Mobile Phones/Smart Watches at school

The school has an [Acceptable Use Policy for Mobile Phones and Devices](#) which fulfills the NSW Government's commitment to ban student's use of phones in NSW public primary and high schools. This is to ensure they do not disrupt the school's learning environment, do not threaten the safety and/or privacy of others, and do not interfere with the operations of the school.

Mobile phones/Smart watches must be turned off and all notifications disabled. Mobile phones are 'off and away' in classrooms and are to be kept in the student's school bag. Mobile phones/Smart watches are not used for the duration of the school day, on school excursions or taken to overnight camps.

We create and maintain a safe school environment by protecting the wellbeing of our students and promoting positive relationships between students.





Student leadership

At Avalon students learn how to lead

Leadership

Leadership is a quality that all students at Avalon Public School are encouraged and supported to develop.

These opportunities occur formally and informally and are integrated as a meaningful part of the school curriculum.

This ensures that all students perceive themselves as leaders and have the opportunity and confidence to take on leadership roles in Year 6.

The school offers a diverse range of Student Leadership opportunities for all students that includes joining leadership teams and participating in leadership programs:

- * School Captains,
- * Student Leaders,
- * House Captains,
- * Cage Monitors,
- * Library Monitors,
- * Band Captains.

Our student leaders are our role models and act with care, courtesy and reliability.



Student health

Avalon cares for its students

Promoting health, supporting student health care needs and reducing health risks are important to everyone at our school.

It is expected parents will advise the school of any medical conditions that may necessitate treatment while the child is at school, eg. anaphylaxis, diabetes, asthma, epilepsy, allergic reactions. An action plan and individual health care plan must be supplied to the school.

Managing Complex Health Needs

An Individual Health Care Plan is developed for each student with complex health needs. The plan supports students with severe asthma, type 1 diabetes, epilepsy, anaphylaxis and those at risk of an emergency or requiring the administration of specific health care procedures.

Allergies

If your child has been diagnosed with an allergy or allergies, please complete an Individual Health Care Plan (found on the website under notes and permissions), and also have your doctor complete the appropriate action plan, and deliver to the school office along with the medication.

It is very important we have copies of any action plans developed by your physician, so that strategies are put in place to minimise the risk of a severe reaction.

Food Allergies

The school is committed in supporting students at Avalon Public School who are at risk of anaphylaxis. Food allergies are the most common cause of anaphylaxis in children. Currently, there is no cure for food allergy and the only way to prevent allergic reactions is to avoid the food.

In our classrooms, we have students who are allergic to nuts, eggs and shellfish. We ask you to support students at risk of anaphylaxis by:

- * Not sending food which has peanuts or tree nuts (e.g. hazelnuts, cashews, almonds etc) in the ingredients list.
- * Teaching your child not to share food with friends that have food allergy.
- * Encouraging your child to wash their hands after eating.

Prescribed Medication

To administer prescribed medication during the school day, please pop into the office and complete all necessary paperwork. For the safety of all students medication needs to be kept at the School Office, not in student's bags.

Illness and Accidents

In the event of an illness or accident while your child is at school, every effort is made to contact parents or their nominated contact person. It is important that parents keep these emergency contacts current (see General Information).

Infectious Diseases

There are many infectious diseases that affect children and young people. Schools and parents should contact their local health network for advice regarding infectious diseases.

Prescribed Medication

To administer prescribed medication during the school day, please pop into the office and complete all necessary paperwork.

Sun Safety

Our school takes sun safety seriously. Children learn about how to protect themselves from the sun's damaging UV rays, and our school implements a range of sun protection strategies, including a 'no hat, play in the shade' policy.

Head Lice

Head lice outbreaks sometimes occur at school. If your child has head lice please treat your child and inform us.

Daily combing of dry hair with conditioner can get rid of head lice. You should continue to send your child to school.

Head lice information is available in community languages.

Student safety

Creating a safe school environment

Child Protection

Strict safety checks are in place to protect students including criminal record checks of all permanent and casual teachers.

We teach our students to recognise when they may be unsafe and how to get help through the Child Protection teaching and learning materials in the PDHPE syllabus.

Internet Safety

Web filtering technology prevents students from accessing inappropriate material on the internet and email system.



Anti-bullying

We work hard to prevent bullying in our school, and we recognise that the best outcomes are achieved by school communities, parents, students and teachers, working together to help prevent and to respond to bullying.

Our Anti-Bullying Plan includes protection, prevention, early intervention and response strategies for student bullying. Any student who experiences bullying and any person who witnesses bullying should report it to a teacher or the school principal.

Avalon Public School has a 'zero tolerance' approach to bullying. This means that at no point will students, staff or parents condone any form of bullying or harassment of any kind.

With any incidents we encourage all students to advise their class teacher and they will assist and provide strategies, solutions and seek the support of other school personnel if required.

The school is committed to providing a safe, happy learning environment and promoting positive self-esteem for all students.

Mindfulness

Mindfulness is a well established, researched technique for achieving calmness and improved wellbeing. Avalon Public School implements mindfulness techniques in lessons each week from Kindergarten to Year 6.

Explicit Teaching of Wellbeing

The priority in our school is to support student wellbeing and ensure that every student is known, valued and cared for. COVID-19 has highlighted the importance of implementing wellbeing strategies that are proactive and focus on early intervention.

Each week our teachers are proactively and explicitly teaching their students healthy coping strategies, resilience and practising self-regulation skills through a whole school teaching program 'The Resilience Project'.

Anti-racism

Anti-racism education is taught in our classrooms and we make every effort to ensure our school is free from discrimination. Our anti-racism contact officer can help any member of the school community who wishes to raise a complaint of racism.

Road Safety

Road safety education is taught to all students from Kindergarten to Year 6 as part of personal development, health and physical education (PDHPE).

Drug Education

Drug Education and understanding responsibility and relationships is taught as part of PDHPE from Kindergarten to Year 6.

Getting to and from school

Transport

Bikes

The DoE and NSW Centre for Roads and Maritime Services (RMS) recommend that **children under ten years of age** should cycle in a safe place off the road and away from vehicles and driveways.

Parents and Carers need to actively guide and supervise children riding bicycles up to ten years of age.

It is for these reasons that the school discourages children in Years K-3 from riding bikes to school. Children in Years 4-6 may ride, at the discretion of parents. Children should know and observe all road rules.

The wheeling of bikes in the school playground and on footpaths is expected for the safety of the whole community. Safety helmets are compulsory. Student bicycles and scooters are stored on site in designated racks.

Buses

All Primary children living outside a 1.6km radius (2.3km walking distance) from the school and all K-2 children are entitled to free travel on either Government or Private buses. State Transit Authority services these routes. Staff supervise children waiting for buses after school.

Bus passes are obtained by application to the State Transit Authority. Applications are available at www.transport.nsw.gov.au/ssts. Replacement passes attract a charge which is payable to the State Transit Authority.

The bus routes are as follows:

BUS ROUTES	
Bus Destination	Bus Number
Whale Beach	717
Stokes Point	192
Careel Head	770
Dee Why	788
Palm Beach	667, 790 & 791
Taylors Point	191
Bilgola Plateau	191

Car Parking

Parents who drive children to and from school are requested to observe the 'No Stopping' signs, especially near pedestrian crossings and in Sanders Lane. These signs are for the safety of all students.

Parking within the grounds is restricted to staff and deliveries only. Access to disabled parking spaces must be approved by the Principal.

Stop Kiss and Leave Zones

Three Stop Kiss and Leave Zones been installed around the school to provide safe drop off and pick up points for students. These zones operate only at certain times of the day and have a 2 minute maximum stay period.

Parent involvement

The contribution of parents is always welcomed

P&C Association

The P&C is a group of parents who work in partnership with the committed staff of Avalon PS to enhance educational opportunities for all students. P&C meetings are held in the school library on Monday evenings in Week 4 of each term. Parents are provided with an opportunity to discuss school issues and matters of common interest. Sub-committees operate under the P&C provide reports at all meetings. On the advice of the finance committee the P&C supports school programs and provides funds for initiatives that impact all students at Avalon Public School.

Fundraising and social events including Mothers and Fathers Day Breakfast and Parent Socials are the main focus of the P&C. Events are organised by parent volunteers and provide opportunities for parents to assist in meeting the needs and aspirations of our school.

Canteen

Avalon school canteen has 5 star accreditation and supports the Healthy Canteen Policy. The menu is comprehensive, nutritious and seasonal. The Canteen is operated by the P&C Association. A supervisor is employed and is assisted by parent volunteers who are always welcome. A current price list can be accessed through spriggy.com.au. Please call on 9973-1430 or email on avalonpscanteen@gmail.com.



Healthy food keeps children alert and focused and gives them the nutrition they need each day. Our school canteen provides a healthy, nutritious canteen menu in line with the Fresh Tastes NSW Healthy School Canteen Strategy. If your child brings their own lunch to school you can help by packing food that is interesting and nutritious.

Our canteen uses an online ordering system called Spriggy Schools. Go to spriggy.com.au to register.

OOSH (Out of School Hours)

OOSH operates before and after School. This service, located in the school grounds, is operated by the P&C Association. A full-time supervisor and part-time staff are employed to manage the centre and provide a relaxed atmosphere for children. Vacation care is also provided. Information regarding enrolment, hours of operation and fees may be obtained by phoning 9918-9672. A brochure can be obtained from the school office or the centre.

AVALON PUBLIC SCHOOL



Phone 02 9973 1439
Email avalon-p.school@det.nsw.edu.au
Website avalon-p.schools.nsw.gov.au

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